

ROCHESTER CHARTER CHAPTER

Rochester, Minnesota

CHAPTER NEWS



Volume 41 Issue 6

February 2009

CHAPTER AWARDS

Woman of the Year

Gwen Maxson

Kim Radke

Angela Spohn

Top 10 Candidate

Gwen Maxson

Rose Conway

Protégé

Jill Wylam

Joanne Tunnyhill

Shaun Hamburgren

Each year we recognize outstanding members of our chapter at our annual Awards Banquet in April. At this month's meeting we will be voting for the candidates listed here.

Our chapter Woman of the Year is a past or present officer who has made significant contributions to our chapter and the community.

Our Top Ten Candidate, also a past or present officer, is a currently employed primary member who will complete an application for the national Top Ten Business Woman of the Year.

The Protégé Award goes to a member in her second year, who has already become an active participant of our chapter.

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Chapter Officers

2008—2009

- President—
Gwen Maxson
- Vice President—
Kimberly Radke
- Treasurer—
Jill Wylam
- Recording Secretary—
Joanne Tunnyhill
- Corresponding Secretary—
Shaun Hamburgren

ABWA — Changing women's lives . . . one woman at a time.

ABWA MISSION STATEMENT

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

PRESIDENT'S MESSAGE

Happy Valentines Day!

As you are reading this message, I will be laying on the beach by the ocean, soaking up the sun. I don't mean to rub it in, but maybe you can visualize and feel some of the warmth or at least have a ray of hope that spring will be here eventually. It has been a long winter and some warm weather will be nice. I will try and bring some back with me.

Speaking of spring, we can look forward the Spring Banquet in April. Rose Conway and her committee are busy planning this special event. We will be voting for the Women of the

Year, Top Ten and Protégée Awards at the February meeting.

For those of you who were unable to make it to the Professional Development seminar this past Saturday, you missed out on some valuable information. We learned about social networking and why it is important in business. The three online websites that were discussed were Facebook, Twitter and LinkedIn. I had recently registered with Facebook in order to view pictures of my niece's new baby and I was pleased to learn how to use the site so that I feel more comfortable with it. Other topics in-

cluded cell phone use and accessories presented by Alltel. We also learned about the different types of camera features and how to purchase a camera that fits your needs. Thank you to Margaret and her committee for a great job in putting this seminar together.

I will be returning from vacation on the 14th, just in time for the February meeting on the 16th. I hope to see you there.

Take Care,

*Gwen Maxson
2008/2009 President
Rochester Charter Chapter*

Standing Committee Chairs

Fund-Raising
Rose Conway
Hospitality
Barb Decker
Membership
Jane Nicklay
Newsletter
Jane Nicklay
Professional Development
Margaret Heise
Program
Barb Wright-Quarton
Publicity
Barb Hawn

Roster Changes

Add: **Deborah Radke**
401 9th Avenue Circle NW - Kasson
421-8965 - radke.deborah@mayo.edu
Business - Pawsitive Petsitting, owner
Ena Cisewski
647 14th Street NE - Rochester
206-9649 - ecisewski@gmail.com
Business - Ena Photography, owner

Remove: Kari Ruud

AGENDA FOR FEBRUARY 16TH MEETING

- 5:15 Networking
- 6:00 Invocation, Pledge, Mission Statement,
Introduction of Members and Guests
- 6:10 Dinner
- 6:40 Acceptance of Meeting Reports - January Meeting Minutes
January Treasurer's Report
- 6:43 Hat's off Award - Cindy Hughes
- 6:46 Induction of New Member—Ena Cisewski
- 6:50 Vocational Speaker—Cindy Hughes
- 7:05 Committee Reports:
 - Fund-Raising - Rose Conway
 - Bulb Sales
 - Golf Tournament
 - Awards Banquet - Rose Conway
 - Voting for: Woman of the Year
Top Ten Candidate
Protégé
- 7:15 Program - Lynn Mackin - CAbi Home Based Business
- 6:55 Announcements and Benediction

Dinner Menu

Grilled Chicken Salad

With
Toasted Walnuts,
Celery, & Red Grapes
on a
Toasted Kaiser Bun

Fresh Fruit & Pickle
Freshly Baked Cookie

Meeting Cost

\$18.00

Make your
reservations by noon
on Thursday,
February 12th.

INVOCATION

Lord, in the quiet of this hour,
We come to Thee for wisdom, and for power;
To view Thy world through only love-filled eyes;
To grow in understanding; to be wise,
And sure to see Thy guiding Light;
And, thus, to know each other as Thou knowest us.

Amen

BENEDICTION

O Guiding Spirit, Guardian of our days,
Be with us as we go our separate ways,
Help us to feel those thoughts that lift and bless;
To know a closer bond of friendliness;
To see Thy beauty always—every day;
Translated into living—this we pray.

Amen

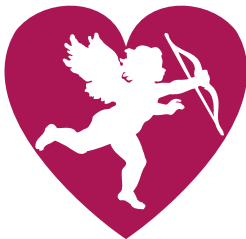
PROGRAMS

February 16th--

Speaker: Lynn Mackin

Independent CAbi Consultant
507-282-1887
www.lynnmackin.cabionline.com

Lynn will tell the Carol Anderson story and its evolution into CAbi as a home based business. The business model is unique in many ways. She will also tell about the Heart of CAbi Foundation which helps others in the U.S. and abroad. There will be a preview of the spring collection with 2-3 members modeling the clothes.



March 16th--

Speaker: Fatima Said

Project FINE Executive Director

A refugee from Bosnia, Fatima started with Project FINE in July 2005 after 12 years as a teacher and director of the Head Start program at Child Care Resources and Referral in Rochester. As Executive Director, Fatima provides direction and builds partnerships within the Winona community.

Fatima will share her personal life story, her experience of war, and what it means to be a refugee facing challenges and obstacles when moving to a new country. She will share her family's experiences in building a new life here in Rochester.

April 20th --

**ABWA Charter Chapter
Annual Awards Banquet**

Speaker: Kelly Vriezen

"Pathways to Inner Peace"

Location: Ramada Hotel & CC

Time: 5:30 - 8:00 pm

Cost: \$20

RSVP: Rose Conway at
Rose.Conway@roch.edu

Guests are encouraged to attend.
Start inviting!!!

Wear PURPLE!



BIRTHDAYS & ABWA ANNIVERSARIES

Birthdays

February

8 Carol Warmka

9 Kim Radke

16 Jacque Sourkes

20 Margaret Reiner

March

5 Anne Marie Kjelland

Anniversaries

February

Barb Wright-Quarton—9 years

Jill Wylam—2 years

March

Margaret Heise—9 years

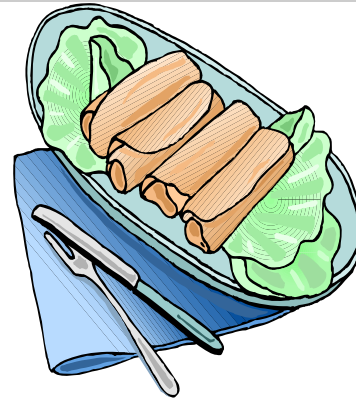
Marilyn Olson—6 years

Laura Boardman—2 years

Cindy Hughes—1 year

SOCIAL EVENT

It's a Wrap!



Join the fun!
Chef Jacque Sourkes

will be demonstrating and creating different wraps for us. You will have the chance to taste her delicious, mouth-watering entrees, and Jacque will even give you the recipes.

**Mark your calendars for:
Saturday, March 28th
11:00 a.m. to 2:00 p.m.
at
Rose Conway's home
5321 Country Creek Ct. SE**



**R.S.V.P. 289-5464 by:
March 15th, 2009
\$8.00 per member**

MEMBERSHIP

We welcome two new members this month -

Deb Radke, already a member of GREN, is a partner with Kim Radke in Pawsitive Petsitting.

Ena Cisewski, sponsored by Cindy Hughes, is owner of Ena Photography.

Please introduce yourselves to them at our next meetings.

Remember our Chapter In-

centives this year—

- If you sponsor a new member, you will earn a gift certificate for a free dinner meeting worth \$18.
- When you host 2 different guests who are potential members, you will receive a Noodles coupon worth \$10.

Plan to invite guests to our Social Events, too - Dinner and/or a Movie on March 12 or Chef

Jacque at Rose's House on March 28.

We are sorry to report that Kari Ruud has decided to resign for now, stating that working full-time and motherhood have filled her schedule. We thank Kari for the work she has done with our Golf Tournament and will miss her leadership and organization skills. We hope she will return when her schedule will allow it.

CONGRATULATIONS—LAURA BOARDMAN

It's official!

I am a Real Estate Broker and Owner of my very own company. My husband, Jess and I, own the business to-

gether and we named it Autumn Tree Realty. Look us up in the Yellow Book.

Please add my new contact information to your phone and e-mail contact list.

Please call anytime. Thank you.

Laura Boardman, Broker
Autumn Tree Realty
office 507-282-7513
cell 507-250-4367
laura@autumntreerealty.com

DATES FOR YOUR CALENDAR

February 16

Charter Chapter Meeting at Ramada Hotel
5:15 pm—Networking
6:00 pm—Dinner

Bring your clothing outfits for CHOICES (See page 8.)

March 2

Chapter Board Meeting at SEMAR Offices— 5:45 pm

March 12

Dinner and/or a Movie
5:30 pm at Green Mill
7:00 pm at Cinemagic Theatre

March 16

Charter Chapter Meeting at Ramada Hotel

5:15 pm—Networking
6:00 pm—Dinner
Return your Spring Bulb orders.

March 28

It's a Wrap!
Chef Jacque at Rose's House
11 am - 2 pm

April 6

Chapter Board Meeting at SEMAR Offices— 5:45 pm

April 20

Annual **Awards Banquet** at Ramada Hotel
5:30 - 8:00 pm

CORRESPONDENCE FROM MEMBERS

Dear Secret Pal,

I want to thank you for the neat gift. When I finish using the bath salts, I will find other uses for it.

Thanks,
Barb Decker

Secret Pal,

Thank you for all of the wonderful gifts that you have given me. I appreciate your generosity, as it always brightens my day.

Gwen Maxson

Thank You Margaret,

Thank you for arranging the Professional Development Day on digital photography, cell phones, and social networking. All 16 who attended felt it was beneficial and informative.

PROFESSIONAL DEVELOPMENT

Business After Hours

A Networking Event for Local Businesses

Tuesday, February 17

Time: 5 - 7 pm

Hosted by: Home Federal Bank
2048 Superior Drive NW - Suite 400

The Chamber's Diversity in Business team invites all new and prospective entrepreneurs this time

Sponsored monthly by the Rochester Area Chamber of Commerce.

FUND RAISING

SPRING BULBS

Rose Conway has made arrangements for our chapter to sell spring flower bulbs. We will be ordering through Van Bourgondien out of Virginia (www.dutchbulbs.com). They have beautiful varieties of flowers for our planting zone. We receive 50% of the amount collected for our chapter. Order forms will be available at the February meeting.



GOLF TOURNAMENT

Our 11th Annual Golf Tournament at Willow Creek Golf Course will be on Wednesday, June 10th.

We need everyone to help in getting hole sponsors, golfers, and donated prizes. At this month's meeting, you will be asked to sign up to help on various committees. Be ready to participate in this biggest fundraiser of the year. Proceeds fund our scholarships.



SOCIAL EVENT



Come to Green Mill Restaurant at 2723 Commerce Drive NW, after work, about 5:30 or 6:00 pm for Happy Hour and dinner, a time for socializing and networking. Buy your own food and drink. Guests are welcome to join us, too.

At 7:00 pm, we will go on to the Cinemagic Theater at 2171 Superior Drive NW to see a movie together—maybe “Confessions of a Shopaholic”.

**Ladies
Night Out**

for

**Dinner
and/or a
Movie**

Come for one, the
other, or both.

**Thursday,
March 12th**



Please RSVP to Shaun Ham-burgen for the movie so we can take advantage of discount movie tickets, members paid for by the Social Events budget.

There will be a sign up sheet at the February 16th meeting or you can RSVP via e-mail to shamburgen@charter.net.

Mark this date and join us for a fun evening with your ABWA friends.

Happy Valentine's Day!

COMMUNITY INVOLVEMENT—CHOICES

Collecting Clothes for the CHOICES Program

We are asking our ABWA members to bring clothing from your closet to donate to the CHOICES clients of RCTC - something that you no longer wear, but is still in good shape. If you can, please bring a professional type outfit suitable for an in-

terview setting, (business suit, jacket, skirt or dress). Casual business attire for daily work wear...khaki's and a nice sweater or shirt would also be appropriate. All sizes are needed. Men's attire is also accepted.

Assemble a fun outfit on a hanger or folded nicely and bring it to the February meet-

ing. Include accessories (jewelry, scarf, purse, shoes, etc.) if you'd like.

Rose and Margaret will collect your wardrobe creations and deliver them to CHOICES director Susan Valvoda-Swanson. Let's see what fun outfits we can put together and have fun doing it!!

CHAPTER MEETING MINUTES—JANUARY 19, 2009

TOPIC	DISCUSSION / OUTCOME
Introduction	The January 19th meeting of the Rochester Charter Chapter was called to order by Gwen Maxson, President. There were 17 members and 2 guests plus 1 speaker present. The invocation, pledge, and mission statement were said, followed by introduction of members and guests and then dinner.
Business Items	<p><u>Secretary and Treasurer's Report:</u> The November minutes and the November and December treasurer's report were accepted.</p> <p><u>Hat's Off Award:</u> Jill Wylam awarded to Cindy Hughes.</p>
Committee Items	<p><u>Fundraising:</u></p> <p><i>Gift Wrapping:</i> Rose Conway reported the successful income of approximately \$1296 raised through wages and tips from Hunt's.</p> <p><i>Evergreens:</i> Rose Conway advised we were within \$100 of last year's sales.</p> <p><i>Spring Bulbs:</i> Rose Conway is arranging for the sale of Dutch bulbs for spring planting with forms available next month for May planting. Expected profits of 50%.</p> <p><i>RCTC CHOICES Christmas Family:</i> Donations of \$400 toward presents went to a single mother with 4 children. Thank you notes were read from mother and CHOICES at RCTC.</p> <p><u>Community Involvement:</u> Kim Radke would like all members to bring 1 or 2 complete outfits of business or business casual attire to February meeting to be donated to CHOICES program. It can be men's or women's clean clothing on a hangar.</p> <p><u>Professional Development:</u></p> <p><i>Scholarship:</i> Margaret Heise reported that we are now taking applications for scholarships of \$1000 for 2-year degree and \$2000 for 4-year degree. Get applications on line www.abwarochester.org.</p> <p><i>Professional Development Day:</i> Margaret Heise sent around a sign up sheet for Saturday, January 31st, 900 am to noon, to attend a seminar on cell phone usage, digital photography and electronic social networking. Free for members; \$15 non-member fee.</p>
Program	Speaker Kathleen Kreidermacher, CPA, spoke on 2009 Tax Tips.
Closing	The meeting was closed with the Benediction at 8 pm.

Respectfully submitted by: Joanne Tunnyhill, Recording Secretary

TREASURER'S REPORT FOR JANUARY 2009

Checking Account Beginning Balance—Jan 1 **\$3,881.09**

Income

Meals—January	\$ 342.00
Dues—K Radke, Wright-Quarton	\$ 60.00
Fund-Raiser at Hunt Drug	\$1296.93

Total Income **\$ 1,698.93**

Expenses

Meals—Ramada in December	\$ 615.28
Ramada in January	\$ 369.59
Professional Development—postage	\$ 29.40
Sat. Wkshp - 108.04 + 28.00	\$ 136.04
Community Involvement—Festival of Trees reimbursement	\$ 19.00

Total Expenses **(\$1,169.31)**

Checking Account Balance—Jan 1 **\$4,410.71**

Saving's Account Ending Balance—Dec 31 **\$2,006.38**

Interest earned	\$.08
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Saving's Account Ending Balance—Jan 31 **\$2,006.46**

Past Due Dues— Laura Boardman (March), Carol Warmka (August), Chelsee Ferk (Oct), Donna Lun (Nov), Joanne Tunnyhill (Nov), Shaun Hamburger (Jan)

Upcoming Dues— February - Barb Wright-Quarton, Jill Wylam
March - Laura Boardman, Margaret Heise, Cindy Hughes, Marilyn Olson

Rochester Charter Chapter Dues are due in your Anniversary Month. Please make your check for \$30.00 payable to ABWA and mail to ABWA-P.O. Box 6903-Rochester MN 55903 or give to the treasurer, Jill Wylam.

Reimbursement Form

Remit to: _____	Date: _____
Item Purchased: _____	Cost: _____
Authorized By: _____	Budget Line: _____
Paid by (Treasurer): _____	Check No.: _____ Date: _____

Instructions: (1) Complete form. (2) Staple receipt(s) to request form. (3) Submit to Treasurer.

BOARD MEETING MINUTES—FEB 2, 2009

TOPIC	DISCUSSION / OUTCOME
President's Welcome	The February 2nd Board Meeting of the Rochester Charter Chapter was called to order by Gwen Maxson, President. Members present were Kim Radke, Margaret Heise, Shaun Hamburgren, Barb Wright-Quarton, Rose Conway, Joanne Tunnyhill, Barb Decker, Jane Nicklay and Marilyn Olson.
Executive Board Reports	<p><u>Vice President's Report</u> - Kim Radke no report.</p> <p><u>Recording Secretary's Report</u> - January minutes which were accepted.</p> <p><u>Treasurer's Report</u>: - Jill Wylam not present; submitting by e-mail.</p> <p><u>Corresponding Secretary's Report</u> - Flowers sent to Maggie McDonald.</p>
Committee Reports	<p><u>Fundraising</u>: Rose Conway reported:</p> <p><i>Gift Wrap Hunt's Drug</i>: Received a check from Hunt's for \$1,296.</p> <p><i>Spring Bulb Sales</i>: Order forms will be distributed at the February meeting.</p> <p><i>Golf Tournament</i>: Need many volunteers for a successful event this year.</p> <p><u>Membership</u>: Jane Nicklay reported Kari Rudd is not renewing her membership. Two new members – Deb Radke and Ena Cisewski.</p> <p><u>Professional Development</u>: Margaret Heise reported "Professional Development Day" was a great success. Plan another next year. Please submit new ideas.</p> <p><u>Publicity</u>: Barb Hawn absent. Board will send information for publishing.</p> <p><u>Newsletter</u>: Jane Nicklay will be gone a few days so publication will be a few days later than usual.</p> <p><u>Website</u>: Margaret Heise - Suggestion to add a link to ABWA web site for people to donate toward our scholarship program.</p> <p><u>Program</u>: Barb Wright-Quarton reported February Program on Marketing by Kathy Kramer has cancelled. Lynn Mackin to have a fashion show on "Dressing for Success" and the story of the founding of CAbi Clothes. March program will be Fatima Said speaking on "Life as a Refugee from Bosnia". April Banquet speaker is Kelly Vriezen on "Pathways to Inner Peace".</p> <p><u>Hospitality</u>: Barb Decker - February meal is Grilled Chicken Salad on roll.</p> <p><u>Social Events</u>: Shaun Hamburgren is planning a "Night Out" for Thursday, March 12. Meet at Green Mill Restaurant for Happy Hour/dinner; then a movie, "Confessions of a Shopaholic". Jacque Sourkes will demonstrate cooking wraps on March 28th from 11am to 2pm at Rose Conway's home. There will be a fee of \$8 and RSVP by March 15th.</p> <p><u>Community Involvement</u>: Kim Radke reminded us to bring donated business clothes for CHOICES to the February meeting.</p>
New Business	Rose Conway asked everyone to wear purple to the April Banquet. Election of Woman of the Year, Top 10, and Protégé will be in February.

Respectfully Submitted by: Joanne Tunnyhill, Recording Secretary

Rochester Charter Chapter—#4089
American Business Women's Association
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Rochester MN 55903

ROCHESTER CHARTER CHAPTER

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Changing women's lives...one woman at a time.

**Guests are Always
Welcome!**

The American Business Women's Association is one of the largest and most respected women's professional organizations in the country. It was founded in 1949 by Hilary A Bufton Jr, to support businesswomen in reaching their educational and career goals. Headquartered in Kansas City MO, ABWA is located in all 50 states with more than 1000 local leagues representing 45,000 members. Our Rochester Charter Chapter was chartered in 1967.



ABWA'S PROUD CODE OF CONDUCT

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of members.